

Inches of Oxted



## Treatment and Price Guide

**01883 722555**

A Clarins Gold Salon

## Welcome to Inches of Oxted – a Clarins Gold Salon

Clarins have recognised 76 salons in the UK for giving an exemplary level of Clarins service and as such have awarded them Clarins Gold Salon status. Which means that when you book an appointment with a Clarins Gold Salon you can be sure that you will receive the highest standard of Clarins service and treatment in one of the countries leading privately owned beauty salons

This treatment and price guide details everything that Inches of Oxted has to offer. So take a look and we are sure you will find the treatment that is just right for you....

**“exceptional treatments.....exceptional results”**

38 Station Road West  
Oxted  
Surrey  
RH8 9EU



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E: inchesofoxted@ntlworld.com  
www.inchesofoxted.co.uk

### Opening Hours

Monday to Thursday 8.00 am – 9.00 pm  
Friday and Saturday 8.00 am – 5.00 pm

Gift Vouchers are available and can be used for products or treatments. They are valid for three months from the date of purchase.

Courses are available on all treatments at special prices.

We offer 'Clarins for Me' Loyalty Scheme.  
Please ask receptionist for details.

Cancellations really do hurt our business. Therefore, we respectfully ask that you notify us at least 24hrs in advance to avoid a 50% cancellation charge.

A 50% booking fee may be taken to secure longer appointments.



## CLARINS FACIAL TREATMENTS

### YOUTH BOOSTER

£52

Richly replenishes mature skin facing hormonal changes, leaving it velvety-smooth and youthfully radiant, with less noticeable lines.

Our natural beauty secret... Japanese Pueraria Lobata, 'the forever young' plant, which boosts vital cell metabolism.

1hr 20 mins

### SKIN FIRMER

£52

Restores deep-down youthful firmness and luminosity to skin that's starting to look less supple, smooth and fresh as the years go by. Our natural beauty secret... the vitamin D-rich Hop from Bavaria, has energizing and firming properties.

1hr 20 mins

### THIRSTY SKIN SOOTHER

£52

Delivers a moisture rush to dehydrated or sensitive skin, to counteract the effects of pollution, air conditioning and stress. Taut skin feels silky-soft, comfortable and glowing again. Our natural beauty secret... Himanthalia Elongata, a mineral-rich algae with intensive moisture-retaining powers, harvested off the west coast of France.

1hr 20 mins

### RADIANCE RITUAL

£52

An immediate radiance and vitality boost for dull, tired-looking skin that's lost its sparkle. Our natural beauty secret... the vitamin C and E-rich Kiwi, the New Zealand super-fruit with the highest content of skin-protective antioxidants.

1hr 20 mins

### OILY SKIN RESCUER

£52

Pure genius at regulating excess oiliness and rescuing oily or combination skin from breakouts, shine and open pores. Our natural beauty secret... the powdered bark of the Burmese Tanaka Tree, renowned for its softening and purifying properties.

1hr 20 mins

### AROMATIC BALANCER

£40

Oily and congested, dry and dull, dehydrated or sensitive...Whatever your skin condition, this customised treatment will rebalance and coax it back to blooming. Our natural beauty secret... the potency of Clarins renowned 100% pure plant facial oils, which are prescribed according to your skin type and contain, amongst others, essential oils of Sandalwood, Lotus and Blue Orchid.

60 mins

## CLARINS BODY TREATMENTS



### FIGURE SHAPER

£55

Intensive stimulating treatment refines the appearance of skin, perking up overall tone and helping your body to look smoother and more streamlined. Circulation is boosted, reducing fluid retention. Our natural beauty secret... Peruvian Uncaria Tomentosa, which helps the body from storing excess fats.

1hr 20 mins

### SUPER HYDRATOR

£55

Drenches dry or dehydrated skin in moisture, dramatically transforming its texture. Suddenly your body feels smooth and silky-soft to the touch. Our natural beauty treatment... Hawaiian Candlenut Oil, which has excellent skin-nourishing properties.

1hr 20 mins

### INTENSIVE BODY FIRMER

£55

Restores youthful firmness and deep-down luxurious softness to skin that's starting to lose condition. Your body looks and feels more supple, toned and revitalized, your skin is nourished and satin-smooth and stretch marks are less noticeable. Our natural beauty secret... Bocoa, an ancient Amazonian tree known for its firming properties.

1hr 20 mins

### ANTI-AGEING SPECIAL

£55

A youth-boost for skin that looks dry, dull and lined, this makes a real impact on smoothness, softness and luminosity. It's particularly good for skin that's showing signs of ageing and sun damage (like age spots on the chest) or simply neglect. Our natural beauty secret... Indian Cashew Nut Oil, which helps to nourish and smooth skin tone. 1hr 20 mins

### AROMATIC BODY BALANCER

£42

Pure pleasure and a real must for out-of-condition skin. Aromatherapy massage helps the absorption of custom-blended oils and creams, which deeply replenish as they firm, detoxify and relax the body. Our natural beauty secret... the potency of Clarins 100% pure plant body treatment oils. 60 mins

### SO NATURAL SELF TANNER

£45

This crème de la crème of self tanning treatments for face and body includes a deeply pampering massage and gives the skin a gorgeous, long-lasting, glowing, golden colour that looks as natural in winter as it does in summer – and you can even get dressed immediately.

**To achieve the very best results with Clarins Body Treatments, top-to-toe exfoliation is highly recommended.**

## CLARINS SPA TREATMENTS



### FRUIT AND SALT SCRUB

£30

40 mins

This innovative three-in-one exfoliation treatment uniquely combines a mixture of pure sea salt crystals from the South of France, Lemon and Pineapple fruit enzymes and dried flowers chosen for their skin-refining properties. When mixed with Clarins 100% pure plant body oils, the result is a luxurious and warming

experience that leaves the skin feeling like new.

Choose from:

- Relaxing  
Our natural beauty secrets... essential oils of Geranium and Camomile and a handful of Lavender flowers
- Revitalizing  
Our natural beauty secrets... Rosemary and Rosewood essential oils and Safflowers

### DETOX WRAP

£40

1 hr

Skin loves this intensive deep-cleansing treatment, which combines a bespoke blend of mineral-rich White Clay and warmed oils with massage and a cosy thermal blanket. Impurities are eliminated and circulation is boosted, leaving skin much smoother and softer.

Choose from:

- Relaxing  
Our natural beauty secrets... soothing Basil and Camomile aromatic oils
- Revitalizing  
Our natural beauty secrets... energizing Mint and Rosemary aromatic oils
- Contouring  
Our natural beauty secrets... stimulating Butcher's Broom, Geranium and Marjoram aromatic oils

Fruit and Salt Scrub with Detox Wrap £60

1hr 40 mins

The combined experience

## CLARINS SIGNATURE MESSAGES



Unique massage movements, 100% pure plant oils and a personalized element (your expertly trained Clarins therapist tailors the treatment to your body's needs) ensure an unrivalled therapeutic experience. Circulation and lymph flow are boosted and muscular tension is eased.

Choose from:

- **Chill Out Massage** £55  
Slow and relaxing massage movements melt tension in body and mind, leaving you feeling calm and rebalanced. Our natural beauty secret... Relax Body Treatment Oil, which contains soothing Geranium and Camomile. 1hr 20 mins
- **Wake Up Massage** £55  
More stimulating massage movements relieve aching muscles and leave you feeling fresh and clear-headed, with perked up skin tone. Our natural beauty secret... Clarins award-winning Tonic Body Treatment Oil which contains energizing Rosemary and Mint. 1hr 20 mins

## MOTHER-TO-BE AND NEW-MUM TREATMENT

**PAMPERING FACE AND BODY TREATMENT** £47  
Pure indulgence for face and body, adapted to your pre and post-natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energized and wonderfully relaxed, with baby-soft skin. Our natural beauty secret... Clarins universally acclaimed Tonic Body Treatment Oil, which helps to prevent the appearance of stretch marks. 1hr 10 mins

## MAKE-UP

### MAKE-UP ONE-TO-ONE

£35

50 mins

Trying different colours and application techniques under expert guidance will help you achieve a fresh and flattering new look. Whether you want a whole new make-up look or ideas for a special occasion, prepare to be inspired.

### MAKE-UP TO GO

£20

30 mins

Book in for an express make-up where you choose the shades from our latest colour collections and head back to work or out for the evening looking gorgeous.



## TREATMENTS FOR MEN

### SKIN BLITZ FACIAL

£40

Shaving bumps and irritation, stress and tiredness, greyness and congestion... Whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

1hr

### MUSCLE EASE BODY MASSAGE

£45

Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

1hr

### ENERGIZING BACK, NECK AND SCALP MASSAGE

£30

Back cleansing and deep massage rolled into one rejuvenating treatment that sorts out congested skin and tired muscles. The ultimate post-exercise pick-me-up, it leaves you feeling chilled out instead of strung out.

40 mins

## CRYSTAL CLEAR



Crystal Clear Microdermabrasion has fast become the most talked about facial as it offers a safe and controlled method of skin resurfacing by gently exfoliating the outer layers of skin. An excellent and progressive solution to ageing skin, lines and wrinkles, open pores, blackheads, pigmentation, blemish scars, acne scars, stretch marks and much more.

Regular treatment stimulates collagen and elastin formation, resulting in a firmer and more rejuvenated skin. The gentle vacuum action achieves an immediate lifting effect on tired muscles, just like a 'workout' for the face.

A course of ten treatments is recommended to achieve optimum results.

### CRYSTAL CLEAR BEAUTY FLASH TREATMENT £30

An advanced exfoliation using fine crystals followed by muscle firming to create lift and tone. 30 mins

### BEAUTY FLASH AND EYE CONTOUR LIFT MASK £40

Advanced exfoliation plus an Eye Contour Lift Mask to smooth, lift and hydrate the fine, delicate skin around the eyes creating a look that is a noticeably younger and fresher. 40 mins

### BEAUTY FLASH AND MINI MASK LIFT £45

Advanced exfoliation plus a Crystal Clear Mini Mask Lift immediately firms, smoothes and softens the skin - plumping out lines and wrinkles within 30 minutes. During independent clinical trials Crystal Clear Mini Mask Lift showed a mean reduction of 26% in wrinkle depth and 40% reduction in the amount of wrinkles. 40 mins

### CRYSTAL CLEAR DELUXE FACIAL £60

Combination treatment of Beauty Flash, Eye Contour Lift Mask, Mini Mask Lift and Scalp Massage - the ultimate microdermabrasion treatment. 60 mins

### MINI MASK LIFT AND SCALP MASSAGE £30

Immediate lifting and firming for beautiful skin. 30 mins

### EYE CONTOUR LIFT MASK £20

Eye Contour Lift Mask - contains anti-wrinkle agents which help to lift, firm and smooth the skin. The ultimate instant eye lift. 20 mins

UPGRADE ANY TREATMENT TO INCLUDE 15 MINUTES OF MICRODERMABRASION ON THE HANDS FOR A SPECIAL PRICE OF £15

## SPECIALISED BODY TREATMENTS



### INCHES HOT STONE MASSAGE

£55

Using heated smooth volcanic stones as extended tools of the massage therapist's hands, this unusual healing massage will mesmerise you. The heat of the stones penetrates deep into the layers of your muscles, and remaining stones are placed on energy points of the body, bringing you to a level of deepest relaxation. Absolute heaven. 60 mins

### INCHES MINI FACIAL

£30

Using intensive botanical serums and masks, this relaxing mini facial is personally blended to detoxify, smooth, soften and energize the skin. Fine lines are smoothed and dark circles and puffiness are reduced. Ideal as a relaxing pick-me-up and those concerned with ageing. 40 mins

### BACK, NECK AND SHOULDER MASSAGE

£30

Skin-smoothing, deep cleansing and decongesting exfoliation of this hard to reach area is followed by a deep tissue massage to ease muscular aches and pains and stress-related knots. A personalised blend of active botanicals, aromatic oils and nourishing creams helps restore circulation, energy levels and a sense of well-being. 40 mins

### INDIAN HEAD MASSAGE

£30

Focusing on the back, shoulders, neck, head and face, the effects are felt throughout the body and mind. Indian Head Massage is a de-stressing programme for the whole body. Helps reduce stress and fatigue, leaves you feeling relaxed and rejuvenated. 30 mins

### EAR PIERCING

£15 Plus the cost of the earrings.

Parental consent will be required for under 16's. 20 mins

### REFLEXOLOGY

£40

A holistic pressure-point massage of the feet designed to stimulate and heal different areas of the body. The reflexology therapy encourages the body to work naturally to restore its own healthy balance and has been shown to be effective for many common ailments. 60 mins



### UNIVERSAL CONTOUR WRAP

The Universal Contour Wrap™ exfoliates and cleanses your skin, detoxifies your body, tightens loose tissue and guarantees you exceptional and lasting inch loss. It is excellent for reducing the appearance of cellulite and stretch marks. The treatment works by compressing the soft tissue with elasticated cotton bandages, using special wrapping techniques that 'lift' and 'shape' the body and flattening bulges, whilst the sea clay solution cleanses and purges the body of stored toxins that are stored between the fat cells. The treatment will take just under 2 hours from start to finish, and you will be measured before & after the treatment so that inch loss can be calculated. The average client will lose between 10" and 14" on their first wrap - many obtain even better results. A course of three wraps is recommended for maximum benefit. The wraps should be taken no less than seven to ten days apart, and clients should lose in excess of 25" over the course.

Single full body treatment	2hrs 30 mins	£55
Course of three (recommended for best results)		£130



### CHOCO BEAUTY

£50

Indulge your senses with our fantastic new face and body treatment incorporating the therapeutic properties of chocolate. The treatment begins with a soft body brushing, full body massage using orange chocolate massage cream, then warming chocolate is applied. Cocooned in warmth with any stress melting away. Continuing with the facial a chocolate mask is then applied which moisturises, nourishes and regenerates the skin leaving it looking radiant. Enjoy your chocolate fix without the calories!!

1hr 30 mins



### ST TROPEZ

#### ST TROPEZ Spray Tan

This is a specially formulated treatment to give a sunless tan using a spray via an airbrush. The application is quick, safe and easy and gives a perfect, streakless, natural looking tan. One treatment will give the skin a healthy looking glow. For a darker tan that will last longer, we suggest having two applications 2-3 days apart. This will last an average of 5 - 7 days longer than having a single application. Perfect if you need the tan to last a few weeks. For best results, follow the aftercare guidelines for maintaining your tan.

Single application	£30
Double application	£45

to be taken within 5 days of first application

## ST TROPEZ Self-Tan

£45

Safe, effective self tanning treatment. The treatment involves a full body exfoliation and the application of the tanning lotion. St Tropez will provide a beautiful healthy, natural looking tan. The most popular celebrity tanning system. 60 mins

## WAXING

Hair removal is not recommended either before or after any heat treatments e.g. steam, sauna, sunbed or sunbathing, swimming, vigorous exercise or any self tanning application.



Full leg	£24
Three quarter leg or full arm	£20
Half leg or half arm	£16
Small waxing – Underarm, bikini, lip, chin or eyebrow – any one	£10
any two	£18
any three	£24
any four	£30
all five	£35
Back or Chest	£20
Brazilian or Hollywood 1st appointment	£25
Subsequent appointments	£20
Extended Bikini Line	£15

### HOT WAX-

A quick, effective form of hair removal for hair as short as 1mm. Ideal for coarse, stubborn hair and for those with a low pain threshold. This gentle, pliable wax contains the soothing properties of chamomile and rose, to calm the most sensitive of skins.

This wax is especially recommended for Brazilians or Hollywoods and underarm waxing.

Brazilian or Hollywood Hot wax – 1st appointment	£30
Subsequent appointments	£25
Underarm	£15

## HAIR REDUCTION

### EPIL PRO

A specialised in-salon treatment, Epil Pro harnesses the power of sound energy which travels precisely down the hair shaft, striking and degenerating the papillary cells at the root. This is a gentle and effective method of eradicating unwanted hair progressively. A course of treatments is necessary. For best results we recommend the use of Epil Pro Post Epilation Lotion, available to buy in salon.

Per 10 minute treatment	£12
Each additional minute	£1
Course of 6 x 10 minute treatments	£60

### ELECTROLYSIS

Electrolysis has been used safely for over 125 years and is still considered an effective method of reducing unwanted hair. The electrolysis process involves inserting a thin metal probe into the hair follicle. Once accomplished, electricity is delivered through the probe to the hair follicle, which as a result causes permanent damage to that area. A course of treatments is necessary.

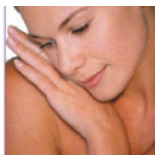
Per 10 minute treatment	£12
Each additional minute	£1
Course of 6 x 10 minute treatments	£60

### ADVANCED ELECTROLYSIS

#### REMOVAL OF SKIN TAGS, \*MILIA AND THREAD VEINS

\*Milia are small, white (or sometimes pale yellow) spots that usually appear around the eyes, on the cheeks and on the eyelids.

Consultation and Patch Test	Free
Per 20 mins treatment time	£30



## HANDS AND FEET

**SALON MANICURE** £25  
soak and tidy cuticles, file nails, gentle exfoliation followed by a luxury hand and arm massage using Jessica nail varnish to finish. 50 mins

**SALON MANICURE DELUXE** £28  
as above but includes a warm paraffin wax treatment to soften and moisturise the hands. 60 mins

**SALON PEDICURE** £28  
soak feet, tidy cuticles, remove any hard skin, trim and file nails, gentle exfoliation followed by provide luxury foot to knee massage using Jessica nail varnish to finish. 60 mins

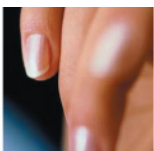
**SALON PEDICURE DELUXE** £32  
as above but includes a pampering warm paraffin wax masque to soften and moisturise the feet. 70 mins

For anyone short of time, we offer the following mini treatments:

Mini Manicure - 30 mins £17

Mini Pedicure - 40 mins £20

File and Varnish - 20 mins £12



### BIOSCULPTURE NAILS

Beautiful, flexible and naturally strong gel overlay with no damage to your own nails. This product enables you to grow your own nails safely, or you can have extensions for that instant WOW Factor! Choose from a range of permanent, non-chip colour gels, clear or permanent French.

Clear or Colour Gel Overlays 50 mins £36

French Gel Overlays 70 mins £40

Clear or Colour Tip Extensions 1hr 50 mins £50

French Tip Extensions 2 hrs £55

Clear or Colour Maintenance 50 mins £26

French Maintenance 60 mins £30

Single Nail £6

Soak Off £15

If this is your first time with us and you wish us to soak off your existing nails, please come in 30 minutes before your appointment time.

## EYE TREATMENTS



Please come for a free patch test 24 hrs in advance of tinting or perming

Eyelash perming	£30
Eyelash perming and tint	£40
Eyelash tint	£15
Eyebrow tint	£10
Eyelash and brow tint	£20
Eyebrow shape with tweezers	£10
Eyebrow shape and tint and eyelash tint	£25
Eyelash extensions	£20



## CACI

The award winning CACI, Computer Aided Cosmetology Instrument, has gained the reputation as the finest micro current machine available.

Backed by over twenty years of research, CACI is the best known system within the beauty industry, and is considered to be the most advanced treatment system of its kind.

Indeed, treatment results are often so dramatic that CACI has become known as "The non- surgical face lift".

CACI offers, for the first time, a serious alternative to surgery in an increasing appearance conscious world.

Treatment now offered with new firming serums which offer additional lifting and toning. Ask your therapist for details

Single Face Treatment - £48 60 mins	With Serum - £50
Course of Six - £240	With Serum - £250
Course of Ten - £400	With Serum - £415
Extra Time - per 10 mins - £8	

CACI Deluxe - includes Collagen Face Mask - £58 70 mins
Course of Six - £290
Course of Ten - £480



## PACKAGES

Pick Me Up £60  
Clarins Aromatic Balancer Facial and Back, Neck and Shoulder Massage. A perfect revitalising treatment. 1hr 30 mins

De-Stress Special £120  
Clarins Aromatic Balancer Facial, Aromatic Body Balancer, manicure and pedicure. Leave the salon feeling thoroughly refreshed and pampered. 3hrs and 40mins of pure luxury.

Mini Pamper Day £85  
Mini manicure, mini pedicure, mini facial and back, neck and shoulder massage. For anyone needing a quick body boost - will leave you feeling relaxed and recharged. 2hrs 30 mins

## SUNSHOWER

Sessions are charged at £1.10 per minute or as follows:

10 minutes	£10
20 minutes	£18
40 minutes	£34
60 minutes	£50
80 minutes	£64
100 minutes	£75

# IMPORTANT INFORMATION

## Your Health

Your health and wellbeing is of the utmost importance to us.

We therefore ask that when booking any appointment, you advise the receptionist if you suffer from any of the following and she will advise if it is relevant to the treatment you wish to have:

Allergies, Diabetes, Asthma, Auto Immune Disease, Epilepsy, skin conditions, thread veins, keloid scars, cold sores, low or high blood pressure or circulatory problems, infections, headaches, injuries or any joint or muscle ailments, pregnancy, surgery in the last 12 months or any other health or medical conditions for which you are taking medication or not.

## Water

We recommend that you drink plenty of water when visiting the salon and suggest that drinking 6 to 8 glasses of water each day will be of benefit to you.

## Customer Service

We pride ourselves in offering you excellent customer service and treatments. If you have any thoughts on our standards and service levels, we would be pleased to hear from you on [inchesofxotd@ntlworld.com](mailto:inchesofxotd@ntlworld.com).

Thank you.

## Reminders

It is our policy to call all customers up to 48 hours in advance to confirm appointments of 60 minutes duration or more.

## Terms and Conditions

- Prices and opening times are correct at time of going to print but are subject to variation without notice
- Please read note on cancellations
- Some treatments require a patch test 24 hours in advance. You will be notified of this when booking.
- All treatments are subject to availability