

# INCHES *of oxted*

BEAUTY SALON & SPA



TREATMENT & PRICE GUIDE

01883 722555



## Expert Facials Treatments



### Youth Expert

If you'd like your skin to feel a little firmer or look more radiant, this is the facial for you. Whether it's hormonal changes, pollution, stress or any other cause, after a thorough skin diagnosis, your therapist will tailor the treatment to your specific concerns and skin type. Leaving you firm and glowing.

1hr 10mins – £72.50

### Power Hydrator

Like a long drink for the skin, this feel-good treatment pampers dry, fragile skin types - relieving tightness, plumping out fine lines and restoring comfort, softness and radiance.

1hr 10mins – £72.50

### Anti-Blemish Rescue

This detoxifying, purifying treatment is perfect for oily or combination skin types. Impurities will be gently removed; shine will be reduced and pores will appear tightened. Leave with clear, refreshed and rebalanced skin.

1hr 10mins – £72.50

### Radiance Booster

This glowing treatment will hit refresh on tired, lackluster skin, delivering a double shot of radiance and hydration. Microcirculation boosting massage and targeted products will work to create deliciously plump, luminous skin.

1hr 10mins – £72.50

### Skin Soother

Calm and soothe sensitive skin with this highly effective, nurturing treatment. You'll feel immediate comfort and see a reduction in redness and irritation. Your skin will be left strengthened and radiant.

1hr 10mins – £72.50



Expert Facials Treatments



### **Detox & Glow**

This treatment will remove all the bad impurities and replace with lovely goodness. Designed with plant extracts to promote radiance and hydration, with anti-pollution properties that'll help protect the skin from the harmful effects of both indoor and outdoor pollution. Your recipe for healthy-looking skin starts here.

1hr 10mins - £72.10



Expert Body Treatments



### Body Shaper

In this treatment we combine draining and detoxifying massage with potent plant enriched products to enhance your silhouette. Like all of our treatments, we'll start with a comprehensive skin analysis so we can best tailor it to you and your body. From firming to tightening to brightening and rehydrating, we'll make sure you leave feeling your most confident.

1hr 10mins - £72.50



## Wellness Treatments



### Beauty Sleep

It's called beauty sleep for a reason. Because a lack of sleep can really take its toll on your skin. But don't panic, using specially selected products and gentle massage movements, we'll relax you from head to toe. By inducing a meditative state, you'll be simultaneously aware of every touch, whilst also in a dreamlike, zen space of relaxation. Which is proven to increase your sleep quality\*. Expect immediate beauty results and long-term wellbeing benefits. Skin is soothed, radiant and refreshed, whilst stress is diminished.

Women agree:

89% felt this treatment was the equivalent to a good night's sleep\*

100% felt calmer, relaxed, rested and soothed\*\*

1hr 10mins – £80

### Energy Booster

This vitality-boosting, mood-enhancing treatment uses energising massage movements and optimised pressure to sweep away stress and help rebalance body and mind. After, your skin will look radiant and your body will feel recalibrated.

1hr 10mins – £78

### Ultra Relaxing Facial

This facial aims to soothe the mind and rebalance the skin. By combining guided breathing exercises, our deeply relaxing Ayuroma Touch massage and calming essential oils, you'll be able to completely disconnect from the stresses of modern life and worries of the outside world. Your mind will be rebalanced and refocused and the tension in your skin will disappear.

1hr – £72.50



Massages



### **Rebalancing Massage With Essential Oils**

Relax your body, restore your energy and ease muscle tension with this result driven treatment. Our skilled therapists will adapt their pressure to your preference and needs. Choose between 'Tonic' Oil to help stimulate the body and mind or 'Relax' Oil to invoke a feeling of absolute calm.

1hr 10mins – £64

### **Hot Stone Massage**

Warm stones help relieve tension, fight fatigue and deliver an all round wellbeing boost. Combined with our expert massage and blissful aroma therapeutic oils, you can expect total body relaxation.

1hr – £68

### **Tension Easing Massage**

Whether you've pushed yourself at the gym or had a hectic work week, this intensely therapeutic massage will ease tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of wellbeing.

1hr – £

### **Back, Neck & Scalp Massage**

This tension relieving, knot-fighting massage delivers instant and long-lasting relief from any stiffness and soreness. Your therapist will adapt the pressure and customise our professional spa-only products to maximise the results for you.

30mins – £40



## **SPA** *packages*

### **Pick Me Up**

Clarins Aromatic Balancer Facial and back, neck & shoulder massage. A perfect revitalising treatment.

1hr 30mins - £92

### **De-Stress Special**

Clarins Aromatic Balancer Facial, Aromatic Body Balancer, manicure and pedicure. Leave the salon feeling thoroughly refreshed and pampered.

4 hours of pure luxury - £175

### **Mini-Pamper Day**

Mini manicure, mini pedicure, mini facial and back, neck & shoulder massage. For anyone needing a quick body boost - will leave you feeling relaxed and recharged.

2hr 30mins - £120

### **Mother-to-be & New Mum Pampering Face & Body Treatment**

Pure indulgence for face and body, adapted to your pre and post-natal stage of pregnancy and how you look and feel. Eases backache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energised and wonderfully relaxed, with babysoft skin. Our natural beauty secret... Clarins universally acclaimed Tonic Body Treatment Oil, which helps to prevent the appearance of stretchmarks.

1hr 10mins - £70

# **SPECIALISED** *body treatments*



## **Inches Hot Stone Massage**

Using heated smooth volcanic stones as extended tools of the massage therapist's hands, this unusual healing massage will mesmerise you. The heat of the stones penetrates deep into the layers of your muscles, and remaining stones are placed on energy points of the body, bringing you to a level of deepest relaxation. Absolute heaven!

70mins - £80

## **Inches Mini Facial**

Using intensive botanical serums and masks, this relaxing mini facial is personally blended to detoxify, smooth, soften and energise your skin. Fine lines are smoothed, and dark circles and puffiness are reduced. Ideal as a relaxing pick-me-up and those concerned with ageing.

40mins - £40

## **Back, Neck and Shoulder Massage**

A deep tissue massage to ease muscular aches and pains and stress-related knots. A personalised blend of active botanicals, aromatic oils and nourishing creams helps restore circulation, energy levels and a sense of well-being.

40mins - £40

## **Ear Piercing**

Parental consent will be required for under 18s.

20mins - £15 (plus the cost of the earrings)

## **Inches Full Body Massage**

Pure pleasure and a real must for out-of-condition skin. Aromatherapy massage helps the absorption of customblended oils and creams, which deeply replenish as they firm, detoxify and relax the body.

60 mins - £65

## **Dermaplaning**

Dermaplaning is an increasingly popular, technical, facial exfoliation. The technique rids the skin of its top layer (peach fuzz) using a medical grade scalpel. Dermaplaning can help reduce the appearance of acne scars or other skin imperfections by revealing newer, undamaged skin. Other benefits include; reducing fine lines and wrinkles, great base for cosmetic applications and cleaner, smaller pores.

1 hour - £90



# TREATMENTS

*for men*

## **Skin Blitz Facial**

Shaving bumps and irritation, stress and tiredness, greyness and congestion... Whatever life has hit your skin with, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

1hr – £60

## **Muscle Ease Body Massage**

Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

1hr – £65

## **Energising Back, Neck & Scalp Massage**

Back cleansing and deep massage rolled into one rejuvenating treatment that sorts out congested skin and tired muscles. The ultimate post-exercise pick-me-up, it leaves you feeling chilled out instead of strung out.

40mins – £45

# Pain-Free Laser Hair Removal



Introducing the NEW Motus AY, the World's first and only pain-free Laser Hair Removal treatment.

Thanks to new, innovative technology, we can offer a safe, long term solution to unwanted excess hair for both women and men

This new and unique laser hair removal device uses the most effective Alexandrite and Nd:YAG laser, with innovative Moveo technology that changes the way the laser is reflected by the skin, allowing us to offer you completely pain-free laser hair removal treatment, with gold-standard results.

Laser Hair Removal is more effective and achieves substantially better results than IPL treatment - book an appointment today and find out for yourself!

## Women's treatments

### Face

	Single Treatment	Course of Six
Centre Brow or Earlobes	£50	£250
Upper Lip	£60	£300
Chin or Sides of Face	£75	£375
Lip and Chin	£110	£550
Jawline and Chin or Neck	£110	£550
Jaw, Chin and Upper Lip	£130	£650
Full Face	£165	£825
Full Face & Front Neck	£185	£925

### Body

	Single Treatment	Course of Six
Fingers/Toes	£60	£300
Hands or Feet	£75	£375
Underarm	£85	£425
Bikini or Buttocks	£110	£550
Bikini Brazilian	£139	£695
Full Bikini	£185	£925
Full Arm or Lower Leg	£195	£975
Upper Leg	£225	£1,125
Full Leg	£310	£1,550
Underarm & Bikini (Standard)	£159	£795
Underarm & Bikini (Brazilian)	£185	£925
Underarm and Bikini (Full)	£240	£1,145



# Pain-Free Laser Hair Removal

## Men's treatments

### Face

	<b>Single Treatment</b>	<b>Course of Six</b>
Earlobes or Centre Brow	£50	£250
Cheeks	£75	£375
Front or Back Neck	£110	£550
Front & Back Neck	£175	£875
Beard	£110	£550
Beard & Front Neck	£165	£825

### Body

	<b>Single Treatment</b>	<b>Course of Six</b>
Hands or Feet & Toes	£85	£425
Underarm	£110	£550
Buttocks	£130	£650
Lower Arm or Chest or Stomach	£160	£800
Whole Arm or Full Back	£235	£1,145
Chest & Stomach or Lower Leg	£260	£1,300
Upper Leg or Full Back	£285	£1,425
Full Legs	£395	£1,925

**Discounts are available when you choose multiple treatments - please ask in-store.**

# CACI ULTIMATE

## *treatments*



CACI offers, for the first time, a serious alternative to surgery in an increasing appearance conscious world. Results are often so dramatic that it's no wonder that CACI has become known as "The non-surgical face lift".

### **CACI Ultimate Anti-Ageing Facial**

The elite in anti-ageing facials combining 4 treatments in 1: the non-surgical facelift, ultra-sonic skin peeling, wrinkle comb with LED light therapy and hydratone hydrating mask.

90 mins – £90

Course of 6 treatments – £450

Course of 10 treatments – £750

### **CACI Ultimate Healing Treatment**

Designed to treat areas of congestion, scarring, pigmentation and sun damage with the use of ultra-sonic peel, LED light therapy and the wrinkle comb. An ideal treatment for anyone with these concerns.

45 mins – £45

Course of 6 treatments – £225

Course of 10 treatments – £350

### **CACI Jowl Lift**

Developed to specifically target muscle laxity around the jawline. The new Quad Probes are used together with a unique serum containing a powerful skin firming formulation.

45 mins – £45

Course of 6 treatments – £225

Course of 10 treatments – £350

### **CACI Ultimate Eye Revive**

Concentrating on the eye area this treatment lifts, smooths and plumps, erasing fine lines, rehydrating and repairing the eye area.

30 mins – £35

Course of 6 treatments – £175

Course of 10 treatments – £265

# CACI

*treatments*



CACI offers, for the first time, a serious alternative to surgery in an increasing appearance conscious world. Results are often so dramatic that it's no wonder that CACI has become known as "The non-surgical face lift".

## **CACI Face Treatment**

This non surgical facial treatment uses a microcurrent to lift and tone the facial muscles, reducing the appearance of fine lines and increasing blood circulation to improve the tone and radiance of your skin.

For best results, we recommend a course of 10 treatments, but you will notice visible results even after just one treatment.

Single treatment (60mins) - £60

Single treatment with Serum - £65

Course of 6 treatments - £300

Course of 10 treatments - £495

# CRYSTAL CLEAR

## *microdermabrasion*



Crystal Clear Microdermabrasion has fast become the most talked about facial as it offers a safe and controlled method of skin resurfacing by gently exfoliating the outer layers of skin.

An excellent and progressive solution to ageing skin, lines and wrinkles, open pores, blackheads, pigmentation, blemish scars, acne scars, stretchmarks and much more.

A course of ten treatments is recommended to achieve optimum results.

### Crystal Clear Beauty Flash Treatment

An advanced exfoliation using fine crystals followed by muscle firming to create lift and tone.

30mins – £35

### Crystal Clear Deluxe Facial

Advanced exfoliation plus a Crystal Clear Mini Mask Lift immediately firms, smoothes and softens the skin – plumping out lines and wrinkles within 30 minutes. During independent clinical trials Crystal Clear Mini Mask Lift showed a mean reduction of 26% in wrinkle depth and 40% reduction in the amount of wrinkles.

40mins – £55

# EYELASH

*treatments*



A free patch test is required at least 24 hours in advance of any first-time eye treatments or lash extensions.

Eyelash tint - £20

Eyebrow tint - £12

Eyelash and brow tint - £30

Eyebrow shape with tweezers - £12

Eyebrow shape & tint / eyelash tint - £38

Mylash lift, including tint - £45

## **Eyelash Extensions**

i-lash designer eye lash extensions utilise the very latest technology to individually extend and enhance your own eyelashes. Not to be confused with old fashioned strip or individual eyelashes.

NEW i-lash designer extensions achieve a stunningly beautiful look as natural as you desire.

Full set, 2hrs - £80

Infills up to 2 weeks, 60mins - £35

Infills up to 3 weeks, 1hr 30mins - £50

Course of 6 infills - £175

Full set of volume lashes (similar to Russian), 2hrs - £80



# HAIR *reduction*

## Epil Pro

A specialised in-salon treatment, Epil Pro harnesses the power of sound energy which travels precisely down the hair shaft, striking and degenerating the papillary cells at the root. This is a gentle and effective method of eradicating unwanted hair progressively. A course of treatments is necessary. For best results we recommend the use of Epil Pro Post Epilation Lotion, available to buy in salon.

Per 15 minute treatment – £16.50

Per 30 minute treatment – £30

Each additional minute – £1

Course of 6 x 15 minute treatments – £82.50

## Electrolysis

Electrolysis has been used safely for over 125 years and is still considered an effective method of reducing unwanted hair. The electrolysis process involves inserting a thin metal probe into the hair follicle. Once accomplished, electricity is delivered through the probe to the hair follicle, which as a result causes permanent damage to that area. A course of treatments is necessary.

Per 15 minute treatment – £16.50

Per 30 minute treatment – £30

Each additional minute – £1

Course of 6 x 15 minute treatments – £82.50

## Advanced Electrolysis

Advanced Electrolysis is recommended for the removal of skin tags, thread veins and milia, which are small, white or sometimes pale yellow spots that can appear around the eyes, on the cheeks and on the eyelids. This includes a free consultation and patch test prior to treatment.

Consultation and patch test – Free

Per 20 minute treatment time – £35

# WAXING



Waxing is considered to be one of the most effective nonpermanent hair removal methods for any part of your body. It guarantees a complete removal of the hair, and lasts between three and eight weeks before new hair grows back.

Half arm - £20

Full arm - £27

Half leg - £20

Three quarter leg - £27

Full leg - £32

Gents back or chest - £32

Brazilian strip wax first appointment - £30

Hollywood strip wax first appointment - £30

Subsequent strip wax appointments - £25

Bikini Line - £15

Extended Bikini Line

- £17

## Small waxing

Underarm, lip, chin or eyebrow: any one - £12      any two - £22      any three - £30

## Hot Wax

A quick, effective form of hair removal for hair as short as 1mm. Ideal for coarse, stubborn hair and for those with a low pain threshold. This gentle, pliable wax contains the soothing properties of chamomile and rose, to calm the most sensitive of skins.

This wax is especially recommended for Brazilians or Hollywoods and underarm waxing.

Brazilian hot wax first appointment - £35

Hollywood hot wax first appointment - £35

Subsequent appointments - £30

Underarm - £16.50

Extended bikini line - £20

Standard bikini line - £16.50

One small facial hot wax - £12

Two small facial hot wax - £20

# MAKE-UP



Have a special occasion coming up? Need wedding, prom or special party make-up? Our fully trained Clarins Gold beauty therapists can help you look your best with a fresh make-up style to suit you.

## Make-up One-To-One

Trying different colours and application techniques under expert guidance will help you achieve a fresh and flattering new look. Whether you want a whole new make-up look or ideas for a special occasion, prepare to be inspired.

60mins - £45

## Make-up To Go

Book in for an express make-up where you choose the shades from our latest colour collections and head back to work or out on the evening looking gorgeous.

40mins - £32

# SEMI PERMANENT

*make-up*



## Hairstroke Brows

The most natural form of semi permanent eyebrow treatments. Ensuring to follow the natural hair growth leaving a beautiful, natural looking eyebrows.

You will require a 30 minute consultation and patch test as well as a 6 week top up, all of these are included in your treatment price.

2 hours – £395

## Combination Brow

This treatment uses two different techniques. Natural hairstrokes at the front of the brow giving a fluffy, feathered look. This is complimented with shading throughout the brow to create a more fuller, defined brow.

You will require a 30 minute consultation and patch test as well as a 6 week top up, all of these are included in your treatment price.

2 hours – £395

**Twelve Month Colour Boost**      1 Hour 30 minutes – £180

**18 Month Colour Boost**      1 hour 30 minutes – £200

**24 Month Colour Boost**      2 hours – £395

## Lip Blush

Our semi permanent lipstick treatment will enhance the colour and shape of your lips, giving the impression of fuller, younger looking lips and creating the illusion of volume.

A pigment is selected from a range of fabulous shades or matching your favourite lip colour. The colour is subtle to give you natural-looking lips.

You will require a 30 minute consultation and patch test as well as a 6 week top up, all of these are included in your treatment price.

2 hours 30 minutes – £420

**Lip Blush Colour Boost**      2 hours – £220

# MANICURE & pedicure



Looking pampered from head to toe with our wide range of hand & feet treatments.

## Salon Manicure

Soak and tidy cuticles, file nails, gentle exfoliation followed by a luxury hand and arm massage using Jessica nail varnish to finish.

60mins – £32.50

## Salon Manicure Deluxe

Soak and tidy cuticles, file nails, gentle exfoliation followed by a luxury hand and arm massage using Jessica nail varnish to finish. The deluxe treatment also includes a pampering and hydrating hand mask with heated mittens to soften and moisturise the hands.

70mins – £42

## Salon Pedicure

Soak feet, tidy cuticles, remove any hard skin, trim and file nails, gentle exfoliation followed by a luxury foot to knee massage, using Jessica nail varnish to finish.

60mins – £38

## Salon Pedicure Deluxe

Soak feet, tidy cuticles, remove any hard skin, trim and file nails, gentle exfoliation followed by a luxury foot to knee massage, using Jessica nail varnish to finish. The deluxe pedicure also includes a pampering and hydrating foot mask with heated booties to soften and moisturise the feet.

70mins – £42

## Mini Treatments

For anyone short of time, we offer the following mini treatments.

Mini Manicure, 40 mins – £25    Mini Pedicure, 40 mins – £30

File & Varnish, 20 mins – £16

## Jessica Geleration

Finally a gel that both protects the nail and allows the natural nail to grow. This self-leveling flexible formula looks as thin and natural as your own nail and typically lasts between 10 to 14 days.

Gel nail application (60mins) – £36    Soak off & gel nail application (90mins) – £40  
Soak off only – £10

# SUNSHOWER

## *tanning*



For a revolutionary tanning bed, take advantage of our sunshower tanning booths, where you shower and tan all at the same time.

Using a balanced UV light spectrum that's similar to natural sunlight, you can make sure that you look golden brown all year round with a sunshower.

Sessions are charged at £1.10 per minute, or take advantage of our special package sessions.

10 minutes - £10

20 minutes - £18

40 minutes - £34

60 minutes - £50

80 minutes - £64

100 minutes - £75

## St Tropez Spray Tan

It's lovely to have a golden tan all year round, and the St Tropez tanning is perfect for long lasting and beautiful tanned skin.

This is a specially formulated treatment to give a sunless tan using a spray via an airbrush. The application is quick, safe and easy and gives a perfect, streakless, natural looking tan.

One treatment will give the skin a healthy looking glow. For a darker tan that will last longer, we suggest having two applications 2-3 days apart. This will last an average of 5-7 days longer than having a single application. Perfect if you need the tan to last a few weeks.

*For best results, follow the aftercare guidelines for maintaining your tan.*

Single application - £35

Double application (to be taken within five days of the first one) - £49

# Important information

## Your wellbeing

Your health and wellbeing is of the utmost importance to us. We therefore ask that when booking any appointment, you advise the receptionist if you suffer from any of the following and she will advise if it is relevant to the treatment you wish to have:

Allergies, Diabetes, Asthma, Auto Immune Disease, Epilepsy, skin conditions, thread veins, keloid scars, cold sores, low or high blood pressure or circulatory problems, infections, headaches, injuries or any joint or muscle ailments, pregnancy, surgery in the last 12 months or any other health or medical conditions for which you are taking medication or not.

## Water

We recommend that you drink plenty of water when visiting the salon and suggest that drinking 6 to 8 glasses of water each day will be of benefit to you.

## Children and babies

We offer our clients a peaceful, tranquil environment to enjoy their treatment. We therefore respectfully ask that you do not bring children or babies into the salon during your appointment. Children and babies cannot be left unattended in the waiting area.

## Customer Service

We pride ourselves in offering you excellent customer service and treatments. If you have any thoughts on our standards and service levels, we would be pleased to hear from you.

## Gift Vouchers

Gift Vouchers are available and can be used in part of full payment of any of our treatments or products. They are valid for one year from the date of purchase.

## Terms and conditions of booking

- Treatments only available to clients aged 16+ years, except manicures and pedicures, some treatments have an age limit of 18+. Please call the salon to check prior to making a booking.
- Treatment times advertised are approximate and can include consultation time.
- Prices and opening times are subject to variation without notice.
- A 50% booking fee may be taken to secure longer appointments.
- Some treatments require a patch test 24 hours in advance. You will be notified of this when booking.
- Cancellations really do hurt our business. Therefore, we respectfully ask that you notify us at least 24hrs in advance to avoid a 50% cancellation charge.
- Please note that some of the specialised treatments may have limited availability, so please book well in advance to avoid disappointment.
- All treatments are subject to availability.

# INCHES

*of oxted*

BEAUTY SALON & SPA

38 Station Road West, Oxted, Surrey RH8 9EU  
Monday - Saturday: 9am - 5pm. Sunday: Closed

[www.inchesofoxted.co.uk](http://www.inchesofoxted.co.uk)

